

What words would use when you think about WELL-BEING?

security

health balance

family

purpose

sex
meaning
safety
clarity
contentment

happiness

beer

peace

love

knowing fulfillment

mental wine

freedom

mindfulness

joy

acceptance

calm

healthy
faith
connection
smile
chickens
dog

thriving
sleep
content
energy
engagement
matter

laughter
kindness
wholeness
relationships
people
respect
stability

belonging
truth